



# Lunch menu week 41

## 07/10 - 11/10

ALMA sustainable catering

MON

<b>Sandwich/Wrap</b>	<b>M/V:</b> Caprese sandwich with pea spread	GLUTEN, MILK, NUTS
	<b>VG:</b> VEGAN caprese sandwich with pea spread	GLUTEN, SOY
<b>Power Salad</b>	<b>M/V:</b> Lebanese tabbouleh salad with goat cheese	MILK
	<b>VG:</b> Lebanese tabbouleh salad with VEGAN feta cheese	SOY
<b>Soup</b>	Courgette & tomato soup	

TUE

<b>Warm meal</b>	<b>M/V/VG:</b> Puttanesca (red sauce pasta with olives & capers) with aubergine & ricotta salata	GLUTEN, MILK
<b>Side Salad</b>	Mediterranean salad	
<b>Soup</b>	Green vegetable soup	

WED

<b>Sandwich/Wrap</b>	<b>M:</b> Turkey ham sandwich	GLUTEN, MILK, EGG, MUSTARD
	<b>V:</b> Lemon ricotta & roasted paprika sandwich	GLUTEN, MILK, NUTS
	<b>VG:</b> VEGAN lemon ricotta & roasted paprika sandwich	GLUTEN, SOY, NUTS
<b>Power Salad</b>	<b>M:</b> Panzanella salad with croutons & chicken	GLUTEN
	<b>V/VG:</b> VEGAN panzanella salad with croutons & chickpeas	GLUTEN
<b>Soup</b>	Lemon chickpeas soup	

THU

<b>Warm meal</b>	<b>M:</b> Beef rendang with green beans served with aromatic rice	SOY, GLUTEN
	<b>V/VG:</b> Jackfruit rendang with green beans served with aromatic rice	SOY, GLUTEN
<b>Side Salad</b>	Gado Gado salad with EGG - VEGAN OPTION AVAILABLE	EGG, PEANUT
<b>Soup</b>	Spicy Carrot soup	

FRI

<b>Warm meal</b>	<b>M:</b> Breakfast burrito with veal chorizo, egg, rice & avocado	GLUTEN, EGG, MILK
	<b>V:</b> Vegetarian breakfast burrito with egg, rice & avocado	GLUTEN, EGG, MILK
	<b>VG:</b> VEGAN breakfast burrito with scrambled tofu, rice & avocado	GLUTEN, SOY
<b>Side Salad</b>	Mexican bean salad	



# Lunch menu week 41

## 07/10 - 11/10

ALMA sustainable catering

### Sandwich & Power salad for Tuesday & Thursday

**TUE**

**Sandwich/Wrap**

**M:** Veal chorizo & cheese sandwich GLUTEN, MILK, EGG, MUSTARD  
**V/VG:** VEGAN cheese & grilled vegetables sandwich GLUTEN

**Power Salad**

**M/V:** Mediterranean pasta salad with parmesan cheese GLUTEN, MILK  
**VG:** Mediterranean pasta salad with VEGAN grated cheese GLUTEN, SOY

**Soup**

Green vegetable soup Allergens

**THU**

**Sandwich/Wrap**

**M:** Beef rendang sandwich with crispy onion, pickled carrot & cucumber SOY, GLUTEN  
**V/VG:** Jackfruit rendang sandwich with crispy onion, pickled carrot & cucumber SOY, GLUTEN

**Power Salad**

**M/V:** Gado Gado salad with EGG & rice EGG, PEANUT  
**VG:** VEGAN Gado Gado salad with tofu & rice SOY, PEANUT

**Soup**

Spicy carrot soup



## IMPORTANT NOTES

- Minimum order quantity: 10 people
- We can arrange chafing dishes on request for the warm meals.
- Set-up & clean-up services are not included.
- Any extraordinary items need to be requested with each order.
- All trays and bowls need to be emptied and placed back in the boxes, ready to be picked up after the event.
- All the prices are excluding VAT.
- We can cover the 14 listed EU allergens\*, plus vegetarian, and vegan.

\*EU allergen list: gluten (wheat, rye, barley, oats), shellfish (e.g. crabs, prawns, lobsters), egg, fish, peanut, soy, milk, nuts, celery, mustard, sesame, sulphur dioxide and sulphites (at

concentrations of more than 10 mg/kg or 10 mg/l in terms of total sulphur dioxide – used as a preservative), lupine, and molluscs (e.g. mussels, oysters)